

"I love the results!"

"My self confidence has improved."

"I am pad free!"

"I love my results from using Apex for the last month. I have been so frustrated since the birth of my second child, trying and apparently failing at kegel exercises to get my life back. I have always enjoyed working out, running and playing tennis and have not been able to do so without wearing pads and having the fear of embarrassing myself. I am happy to say that I am pad free and glad my doctor recommended Apex."

"Apex changed my life! I am a 37 year old woman and consider myself to be very physically active. I am a runner and love to do yoga. My bladder leakage started after my 2nd child was born and has gotten progressively worse ever since. I had stopped running altogether and was sick of having to wear ugly baggy shorts to yoga. Since my doctor recommended Apex, I am back to half marathons and am thrilled to be in my yoga pants again! Even better, my intimate relationship with my husband has improved as has my self confidence!"



1 in 3 women suffer from unwanted bladder leakage ...



Your non-surgical solution that

STOPS

bladder leakage when laughing, coughing, sneezing, or exercising.

www.incontrolmedical.com

Why Apex?

1 in 3 women suffer from unwanted bladder leakage. If you leak urine upon effort or exertion such as when laughing, coughing or exercising you may have **stress urinary incontinence**. Stress urinary incontinence occurs when the **muscles and tissue that help support the bladder become weak**.

There are several reasons why these muscles can lose strength:

- Vaginal childbirth
- Hormonal changes
- High impact exercise
- Multiple pregnancies
- Higher than average body weight
- Chronic Cough

Apex is a medical device that will strengthen and tone the pelvic floor muscles to effectively treat stress urinary incontinence. A healthy pelvic floor is essential to a woman's health.

How Apex Works

Apex is the first choice, non-surgical, non-pharmaceutical treatment for stress urinary incontinence. Apex utilizes a patented muscle stimulation algorithm to strengthen and tone pelvic floor muscles providing:

- Bladder control when you laugh, cough, sneeze or exercise
- Improved vaginal strength and tone



Patented Muscle Stimulation

Muscle Stimulation Contacts:

For building strength to stop symptoms of leakage when laughing, coughing, sneezing or exercising

Inflatable Probe:

Provides customized fit and active resistance to maximize muscle stimulation



Apex Toning Sessions

Apex toning sessions are completed in the privacy of your home as directed by your physician. Typically, sessions are completed 6 days per week for 14 weeks. Upon achieving your desired result, sessions will continue 1 to 2 times per week to maintain your gains.

Ask Your Doctor About Apex Today!